Principal's Message

I encourage parents to attend this week’s P&C Meeting.

As well as a presentation from Mr Fulwood on the Literacy strategies being employed within our classrooms he and Mrs Thurlow will be informing parents on the new Numeracy strategy being developed by the Numeracy Committee.

At the meeting I will be presenting, for discussion, a range of initiatives being put forward for funding through targeted funds. Your input into decisions regarding the implementation of these initiatives and your views on additional ways to allocate these funds would be highly valued.

In staffing news, Mr Fulwood will be leaving us at the end of the week to take up a head teacher position at another school. During his time at the school Mr Fulwood has made an invaluable contribution to his faculty and the school as a whole. As well as being Head Teacher English and HSIE, he has chaired the ROAD and Literacy Committees and most recently has had the role of Literacy Leader within the school. I am sure you join me in thanking him for his efforts over the past 4 years and wish him all the best for the future.

Mrs Thurlow will take over this Improving Literacy and Numeracy National Partnership position and, as well as maintaining the school’s literacy initiatives, will lead the staff and school in developing and implementing an exciting numeracy strategy instigated by Mr Fulwood. Ms Buckley will relieve in the Head Teacher PD/H/PE position for the remainder of 2014.

The school’s “Directions Team” is currently seeking the opinions of staff, parents and students on their vision for Seven Hills High School. We are working with the P&C on ways in which we can gather your views and ideas. As well as gaining input into a survey for distribution to parents I will be discussing with the P&C the holding of a community forum, under the title ‘Seven Hills High School 2020’, in the near future.

Hope to see you at the P&C meeting!
Greg Johnstone

R.O.A.D. Tracking of Application (R.T.A.)

Seven Hills High School has now been operating its RTA initiative for 18 months. It has been pleasing to see students rewarded by receiving merit points for their application in class on a regular basis. As part of our commitment to ongoing improvement, the ROAD
team recently collaborated with staff and students to revisit the criteria in order to maintain the integrity and philosophy of the process. Below are some points to consider prior to the next RTA session.

**The RTA is about receiving merit points- it is not a report.**

Each teacher will use the criteria to award each of their students a number of merit points. The average number of merit points for each student then contributes to the school's merit scheme. The merit points allocated are not marked out of ten. If a student receives an average of 5, this means they have received 5 merit points for their application. While it may be meaningful for students to read the criteria for a 10, they should not feel that 5 marks have been deducted. Receiving any merit points is a celebration of student application.

**Important language in the criteria**

Use of the word ‘all’ means that a student has demonstrated that element of application 100% of the time in that subject or course. The word ‘most’ implies that the student demonstrated that element of the criteria 80-90% of the time. The word ‘majority’ refers to 50-70% of the time.

**Change to the format of the criteria**

- Completed all class/homework and assessment tasks on time.*
- Was present, punctual and prepared for all lessons.*

In the next RTA session, you will notice a structural change to the criteria. ‘Completion of work’ and ‘attendance’ are now at the top of each of set of criteria and must be met in order to achieve the corresponding number of merit points. This change was made as staff and students felt there could be greater consistency in merit point allocation across the school. This measure will help clarify the high expectations at Seven Hills High School and the importance of work completion and attendance.

**The next RTA session**

As a result of the school revisiting the RTA process and criteria, students may notice that they receive fewer merit points in the next session. This is okay! It does not necessarily mean that their level of application has decreased. Students and parents should focus on celebrating the awarded number of merit points and understand that we are in the process of moving towards greater consistency. Check the criteria carefully and please discuss RTA merit points with your teachers.

If you have any questions, please do not hesitate to contact the school.

ROAD Team

**Rewards Day**

On the last day of Term 2, 94 excited students departed on the annual **Rewards Day** to participate in various activities, to celebrate all of their hard work and dedication over the first Semester.

The day began with all students ‘jumping’ around at FLIP OUT! Some students more daring than others, with their double kick front-flips, and a few dizzy teachers even left feeling a touch ill!

The second stop saw us at the 10 pin bowling lanes in Castle Hill, where the students challenged their inner Fred Flintstone and used their best Twinkle Toes routine down the lanes. Lunch was devoured, and the fun continued with the students splitting up into year groups to participate in Laser Tag.

A massive thank you to the organiser, Mr Maclaren, and to all the students who attended- it was a fun day had by all!

Looking forward to another great **Rewards Day** at the end of Term 4 and you'll need to get your sunscreen ready, as we're headed to Wet n' Wild...!!

The Welfare Team

**Sport Reports**

**Girls Rugby League**

On the 12th of June, 15 Girls from Years 8 to 10 travelled to Parramatta to play the Parramatta District Under 16 Girls Rugby League final against Merrylands High School.

It was a very exciting game which demonstrated the enthusiasm and skill of all players involved. We had some fantastic tries, scored by Summer Kano, Mary Takau and Willow Way. Unfortunately we had 2 injuries in the first 5 minutes of the game, which left us with no subs, however, our girls showed a lot of heart and played all the way to the full time bell, and were beaten by just 4 points.

The girls in the team were: Summer Kano, Alicia Walker, Rebekah Houkamau, Irena Prokic, Amina Ardezejewski, Luti Vaa, Veronicine Siniska, Dominique Siniska, Emma Khan, Mary Takau, Daide Chaker, Willow Way, Tayla Parslow, Lauren Brookland.

A big thank you to Aliti Namoce, Joshua Nafferette, Nevada McMeeken and Mita Amosa for coming along and helping on the day.

The girls in the team were: Summer Kano, Alicia Walker, Rebekah Houkamau, Irena Prokic, Amina Ardezejewski, Luti Vaa, Veronicine Siniska, Dominique Siniska, Emma Khan, Mary Takau, Daide Chaker, Willow Way, Tayla Parslow, Lauren Brookland.

A big thank you to Aliti Namoce, Joshua Nafferette, Nevada McMeeken and Mita Amosa for coming along and helping on the day.

Mary Takau, Daide Chaker, Irena Prokic, Summer Kano, Alicia Walker, Emma Khan and Willow Way were selected team to represent the Parramatta District at the All Schools carnival on the 30th July.
Under 16 Girls Parramatta Rugby League Team

On Wednesday 30th July, 17 girls from Merrylands, Hill Sports and Seven Hills High Schools competed together as Parramatta District Under 16’s Girls League team.

The girls have been training every Tuesday afternoon at Merrylands oval for the last 3 weeks. We were lucky enough to have Ben Jack and Keehan Diamond (Parramatta Development Officers) attending to put the girls through some drills and improve on their skills. We also had the NSW Open Girls Rugby League coach and a Womens player attend the last training session, to pass on some fine words of encouragement and support.

The All School state carnival was played at Whalan Reserve, against districts from all over NSW. We had 4 round games against Western Suburbs with a 4-4 draw, Newcastle also 4-4 draw, we lost a tough game against Illawarra 14-6 and we won an outstanding game against Central Coast 16-4. We finished second overall in our pool, but unfortunately they only took the top 2 teams from each pool through to the Grand Final. All the girls wore their hearts on their sleeves, taking some big hits and outstanding runs. The teamwork from all the girls strengthened as the day progressed and each and every one of them should be proud of their efforts.

Mary Takau converted some excellent goal kicks from the sideline and showed incredible speed up the middle and Summer Kano was workhorse in defence.

Also a big thank you to Aliti Namoce for attending the training sessions, assisting with the warm-ups and running water on the day.

Congratulations again and I hope to see all the girls continuing to improve on their skills and ability at a rugby league carnival, in the near future.

Thanks,
Miss Buckley
Coach

Students who participated on the day were:
Daide Chaker
Amina Ardzejewski
Summer Kano
Emma Khan
Irena Prokic
Mary Takau

2014 Intermediate Hills Cup Premiers and Junior Grand Finalists

It is with great joy that I am able to report on another very exciting and rewarding Hills Cup Rugby League season. 2014 saw the winning culture continue as both our Years 7/8 and 9/10 Junior and Intermediate teams successfully progressed through the regular season undefeated. As a result both teams finished in the top two, with the Juniors securing the Minor Premiership for a second year, and the intermediates narrowly finishing second due to for and against. This provided us with home ground Semi-finals, a significant advantage considering both teams undefeated record at Allan Robertson Reserve. They went on to win their Semi-finals, with the Juniors defeating Rouse Hill Anglican College 16-6 and the Intermediates defeating Castle Hill High School 18-12.

As a result, on the 22nd of July, both teams were given the opportunity to not only defend the Premierships won by our 2013 Junior and Intermediate Hills Cup teams, they were also provided with the rare and remarkable opportunity of becoming the first ever Seven Hills HS Rugby League team to successfully win the Premiership over two seasons in their respective age groups. For this to be achieved both teams had the task of overcoming some very strong opposition in Gilroy College and Kellyville High School. With both teams playing one after the other at Wrights Rd Reserve, Kellyville, the Grand Finals became a clear example of the strong sense of community at Seven Hills High School, as many parents accompanied a bus of selected students to support the players on this significant occasion.

The Juniors played first and unfortunately after leading 12-10 at half time, they were defeated by Gilroy College 22-12. Regardless of the result, we are very proud of this team and what they have achieved this season. I would like to mention the efforts of Fred and William Pupu, Gabriel King, Connor Abnett, Matt Grasso, Raiden Lemalu, Jesse Hopwood and Jackson Brown for their significant work load in both attack and defense during the Grand Final. We would also like to commend all the players, not only for their efforts throughout the season, but also for their dedication and commitment to training and in preparation for matches. As a result of their earlier success in the Cayless Cup, I am positive that the disappointment of their loss in the Grand final will make them all the more hungry, as they prepare to represent the Parramatta District at the State Cup later this year.

Following the Junior Grand Final was a match like no other. Determined to defend their Premiership, the Intermediate team had the daunting task of playing an unknown opponent. The opponent was Kellyville High School. Both teams finished the season undefeated, however, no team could boast that they were better than the other. They were supposed to play in round four, in a game that would decide the Minor Premiership, however, the game was unfortunately washed out due to poor weather. As a result no team had the edge, which added to the hype and anticipation surrounding the Grand Final. In the lead up to the game, I have never seen a group of young men so determined. This determination was reflected through the intensity in which they played, as they produced by far their best attacking and defensive performance of the year. As could be expected a rivalry was immediately established and the game played out accordingly. Captain Jarod Rockall crossed over for a try early the first half, followed soon after by
Mita Amosa, giving us the early advantage. Kellyville fought back and scored a try before half time, making the score 8-6 at the break. The momentum continued in Kellyville’s favour at the beginning of the second half as they were the first to score making it 12-8. Reflecting the close nature of the contest, we were able to fight back, as Jarod Rockall crossed over for his second try. With six minutes on the clock and the score leveled at 12-12, Nevada McMeekin had the agonizing task of converting the try from the side line, I am glad to say he was successful, giving us a 14-12 lead. The team managed to hold their lead and as the siren sounded were overwhelmed with excitement as they successfully defended their 2013 title by becoming the 2014 Intermediate Hills Cup Premiers. Half Back Nevada McMeekin was awarded the man of the match and while the performance of the team as whole was excellent, the efforts of Mita Amosa, Jarod Rockall, Alvin Ekes, Rhyse Hura-Page, Rhys Edminson and Aiden Schmid deserve a special mention for their significant work load in both attack and defence. 

I am extremely proud of both teams and what they have achieved this season. Their success is a reflection of their commitment and dedication to training and the determination to preform to the best of their ability in every game. I would like to take this opportunity to thank my fellow Coaches Mr Daniel Way and Mr Andrew Bobadilla, as well as Maiti Amosa, Tia Amosa and Peter (Djordo) Djordjevic for their efforts in preparing the teams for each game. Their dedication and commitment was a significant reason behind the success of both teams.

Mr Jones
Rugby League Coach

Totally Wild Excursion

As part of the Year 7 Science unit ‘Totally Wild’ students were provided with the opportunity to spend a day at Taronga Zoo. The excursion, which was held on Tuesday the 18th of June, saw 50 students not only enjoy the zoo’s regular attractions, but also attend a workshop run by zoo education officers. This experience reinforced many of the concepts studied throughout the unit of work and gave students the opportunity to apply their classification skills in identifying a number of live animals, including reptile, amphibian, mammal and bird species. Both students and staff had an enjoyable day.

Students have been eager to commence their new topics for Semester 2. Year 7 have begun ‘Enough Water Fit for Drinking’ in which they will explore the states of matter and techniques for separating substances. Year 8 have moved on to ‘May the Force be With You!’, which includes the study of forces such as electostatics, friction and magnetism and will culminate in students constructing paper helicopters to examine the effects of gravity. Year 9 will be working on ‘Lights, Sound & Action’ and will be looking at the role of waves and electricity in their lives. They have also been working hard, recently submitting their research assignment on the effectiveness of different washing powders. Year 10, firstly, need to be congratulated on the way they approached the ‘Mystery Solutions’ unit last term in which they took on the role of a chemical detective in order to solve a fictitious crime...who would have thought it would be the gardener who killed the Principal with Barium Chloride! They will now move on to ‘As time goes by’ which examines how the movement of tectonic plates has changed the Earth over time and, as a consequence, driven the evolution of living organisms.

Thank you to all students who continue to wear correct footwear during Science lessons. Not only are black

Blacktown Zone Athletics Carnival

On the 24th and 25th of July, 22 students from Seven Hills High School represented Blacktown Zone at the Sydney West Athletics carnival. This was an amazing representation that included 3 relay teams and numerous individual events. Four of our students performed so well that they qualified for the Combined High Schools Carnival where they will represent Sydney West at the Sydney Olympic Park Athletics Centre on the 4th – 6th of September. These students were: Tahlia O’Connell, Chloe Tuazon, Sharmayne Melide and Bret Owen.

Congratulations to all our competitors and good luck to those competing at CHS Athletics.
Mr Way
Sports Organiser
leather shoes a compulsory aspect of the school uniform, but also an essential safety measure when working in the laboratory. Unfortunately, students who are not wearing closed in leather shoes are not able to participate in practical activities and will be provided with alternative work to complete.

Dean Ward,
Head Teacher, Science

Aboriginal and Torres Strait Islander News

Seven Hills High School celebrated NAIDOC week with a special guest, James Stephens, an indigenous business man and former teacher. He shared his stories of growing up as an Indigenous boy and described how his culture and traditions have shaped him and driven his success. He performed at our special assembly playing the didgeridoo along with our dancing ATSI students. Students then had a lunch of Kangaroo sausage rolls, thanks to Mrs Riddell’s food tech class, damper, and hibiscus flower lemonade. Natasha Cassar’s (Jesse’s mum) impressive Aboriginal flag cake for dessert was well received and all her effort was very much appreciated.

On Thursday 24th July Year 7 and 8 Aboriginal and Torres Strait Islander students went to the Koori Carnival at University of Western Sydney. The day consisted of workshops traditional dance and music, woodcarving, basket weaving, and university courses, such as Japanese, mathematics, sports management, nursing, and law.

Day 3 of the Australian Indigenous Mentoring Experience was held at Sydney University on Tuesday 5th August. Successful indigenous special guests held an open forum discussing their life experiences and how they came to achieve their goals. Mentees were asked to consider the potential impact of drugs and alcohol. Year 10 wrote a story about a person who had encountered the temptation and hardships which go with these and how they overcame them. Year 9 acted out a well-known dreamtime story – How the Birds got their Colours.

On Tuesday 12th August, Years 9 and 10 are invited to attend a day at Wyndham College as part of their transition to senior school and are asked to return their notes by Monday.

All Aboriginal and Torres Strait Islander students have been invited to a day at the Australian Museum for a tour of the Indigenous Exhibition and to look at all the other exhibitions displayed. Please return notes and money to the front office ASAP.

Ms Jordan

Premier’s Debating Challenge

Seven Hills High School has experienced great success this year in the annual Premier’s Debating Challenge. This state-wide competition sees students, selected for their quick wit and impressive speaking skills contest current affairs against other schools. Team members this year consisted of:

Year 10: Melody Arslancain, Emmaleigh Mclean, Raven Galistan, Keren Sheppard and Carly Spilsted
Year 7/8: Lidya Rivai, Axel Rivai, Normalita Go Smith, Alfiano Fong, Jai Angeloni, Kate Moseley and Candice Reeves

The senior debating team displayed their speaking merit throughout their debating season, travelling to Homebush Boys High and Northmead Creative and Performing Arts High Schools to debate issues such as the use of CCTV cameras in high schools and the banning of horse racing. In June, the senior debaters’ dedication and efforts were rewarded with a win over the highly capable Hills Sports High School. Both teams presented highly insightful opinions towards the difficult, yet relevant topic of offshore refugee processing.

The junior debating team began their season at the end of Term 2, with their first debate against the formidable opponent, James Ruse Agricultural High School. A tough, yet exhilarating debate ensued over the banning of school uniforms. Although experiencing a loss, the junior debaters were impressive in their display against James Ruse, with the experienced adjudicator commending our students on their valiant efforts. Our junior debaters again faced James Ruse in round two, this time arguing for the banning of smart phones for people under eighteen. The junior debaters final debate against Marsden High School will be battled out on home grounds. Best of luck, junior debaters!

The Seven Hills High debaters are all highly commended for their individual and team efforts. These students display the school’s core values of determination and application, which has allowed them to be victorious not only in their defeat of other teams, but in their individual development as speakers and young adults.

NSW Legacy Junior Public Speaking Award

The 22nd July saw students, Lidya Rivai and Normalita Go Smith, competing in the Legacy Junior Speaking Award held at Chifley College. This highly competitive
award sees students from schools in the Western Sydney region presenting a prepared and impromptu speech. In the prepared speech section, both girls presented exceptionally sophisticated arguments, with Lidya discussing the prevalence of mental health issues in teenagers, while Normalita questioned the existence of extraterrestrial beings. Competitors were then given just five minutes to prepare a two minute impromptu speech on the topic, ‘Back to basics’. Normalita and Lidya again showcased their flair for public speaking, with a teacher from another school commending our students on their speaking prowess. Despite not progressing to the state semi-final, both Lidya and Normalita were excellent representatives of Seven Hills High School and are congratulated for their superior efforts.

Miss Angela Rose - Debating Coordinator

**Australian Geography Competition**

On Friday the 28th of March students from Seven Hills High School participated in the Australian Geography Competition. The Competition is designed to challenge Australian secondary school students to demonstrate their geographical knowledge and skills.

The following students who participated in the 2014 Australian Geography Competition and received certificates of participation were:


A special mention to Mathew Heron in Year 9 who received a Distinction. This placed Mathew in the top 17 percent nationwide. On behalf of all staff we would like to congratulate these students for all their efforts and hard work.

The Australian Geography Competition will be running again in early 2015. We at Seven Hills High School look forward to running the competition again next year and strongly encourage students to participate.

Ms Adams

**ICAS Science Competition**

On June 6th, 19 students across all year groups participated in the ICAS Science Competition. This is a test consisting of 45 multiple choice questions to be completed in one hour. The questions cover all aspects of Science including energy, living things, natural processes and the Earth and range in difficulty. Students from countries all around the world compete against students at similar academic levels with each grade completing a different test.

While all students should be commended on their effort, a special mention needs to go to Lydia Rivai of Year 8 who received a distinction, placing her in the top 10% of students in her category. This competition is run every year and all students are welcome to participate.

Erin Attias
Science Teacher

**Tree planting Day**

On Monday the 28th of July 7B, Mrs Taverniti and Mr Pinto participated in national tree planting day. The school was lucky enough to receive 100 plants from Blacktown City Council, with many coming from parent donations of their tree allocation so we thank the parents who donated. After receiving the plants, 7B did some research into each type of tree and what the correct procedure for planting the trees was. After the initial research and planning 7B picked up their shovels and hit the garden, planting all the trees in just over a day. Now that the plants have been planted 7B are adhering to a daily watering schedule to make sure that each and every plant prospers in its new home of Seven Hills High School.

![First plant being planted.](image)

**Year 9 Food Technology Excursion To 'Our Big Kitchen'**

On the 25th June 2014, Mrs Riddell & Year 9 Food Technology students made their way to Seven Hills Station and headed to Bondi Junction, where we would be cooking at Our Big Kitchen.

Our Big Kitchen is a community kitchen designed to help those in need. Those who are going through a hard time, those who may need a hand getting started, those who deserve recognition but are seldom thanked. It is a charity based, non-profit industrial kitchen located in The Yeshiva Centre in Bondi. The kitchen is open to anyone who wants to use it to empower themselves or to help others. And that is what we certainly did.

As we pulled into Bondi Junction, we jumped out of the train and headed up a series of escalators that were
incredibly long and steep. A few students with a fear of heights held onto each other in a magnificent show of solidarity. Only joking. Everyone tried to be smooth about it, but I could see the fear in their eyes.

Once we made it back up to ground level, we could all safely breathe a little easier. After counting us to make sure no one was lost or kidnapped, we all had to rely on Mrs Ridell’s map-reading skills on our journey to the kitchen.

When we made it to the kitchen we were greeted by the OBK team. We met David, the Manager of the kitchen, he introduced us to Jonathan, the head chef, and the rest of the team. David talked to us about how the kitchen works with members of the community to assist other members of the community in dire need of help. He told us about how the food we’ll be helping to make, would be putting smiles on the faces of people who were going through a tough time and needed a hand, people we didn’t even know. The walk to the kitchen suddenly didn’t matter anymore. We were here to help people and that was what we were going to do.

We were separated into 3 rows and assigned different tasks. Some of us were chopping carrots, others were dicing onions with tears dripping down their faces. Whatever the task, everyone was working to the max for a good 2 hours straight. Only one person needed a first aid kit, Alvin, managed to cut himself while chopping a pumpkin. Blood was spurting everywhere around the kitchen and he was crying out from pain. Only joking, it was just a scratch, he’s a sook.

Once all the veggies were cleaned, peeled and chopped, we cleaned up our stations and helped package over 200 containers of Apple and Pumpkin soup and Fried Rice. We took a couple of photos with the kitchen staff and three of our students were awarded Masterchef awards: Alvin for cutting himself, Aiden for chopping the most pumpkins and Rianna for her immaculate peeling of the carrots. A round of applause later and it was finally time to eat.

We ate a light lunch, some of us thinking about how someone right now in our community wouldn’t have the ability to feed themselves and their family. Others were just stuffing their faces. Once finished eating, we were thanked by the kitchen staff and were given a paper bag full of homemade bread in thanks for our hard work that day. We made it back home with an intermingling feeling of happiness and satisfaction knowing we had helped members of the community. It was a good day.

Daide Chaker

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Careers News

The first three weeks have been a busy time for the Year 10 students as they have been diligently making appointments to see me about their Year 11 subject selections. Well done to all those students who have been researching and talking to me about these important choices. All students at Seven Hills High School have now made their subject selections for 2015.

Another step towards 2015 is the enrolment process at Wyndham. There are a few students who are still to return their enrolment packages (yellow envelopes). There is a list of students who still need to return these packages on the careers notice board outside my office. Please check with your child to ensure that they have returned this to me. Unfortunately, if you cannot find the package I have not been given any spare copies so you will need to contact Wyndham College directly on 9208 7100. All students must return an enrolment package, even if they are considering an alternative pathway for 2015.

At present all Seven Hills High School students have automatic enrolment into Wyndham. Once the placements are opened to anyone their position will no longer be available. I will be contacting any student’s parent who has not completed an enrolment package after the 12th August 2014.

Finally, a number of students have discussed with me completing a TAFE Vocational Education and Training (TVET) course in 2015. There is a separate application form that must be completed and returned to me by 10th August 2014. I then begin to apply for these courses on-line for the students on 11th August 2014. I can only apply for a course if I have the application for each student. So please check with your child if they need to complete this application.

Have you registered with Jobjump?

Want to receive the latest Careers News on what interests your son or daughter? Want to quickly find the information to help them with their choices? Go to www.jobjump.com.au and watch the 3 minute video on the top right hand corner. Instructions are attached. Our school’s password is: Ladybird

If you would like to discuss any of these areas regarding your child’s future educational needs then please do not hesitate to contact me at school on 9624 3329.

Mrs Slater
Careers Adviser
 SRC Youth Sleep Out Event for the Homeless

The SRC is holding a Youth Off the Street Sleep Out. We will be sleeping in the canteen area overnight to experience what it would be like to be homeless and have to sleep on the streets.

Did you know that there are over 47,000 young Australians living and sleeping rough on our streets each night.

6 in every 11 young people who are homeless and seek help are turned away as there is not enough money or resources to help. That’s where you can make a difference

**When:** Friday 22nd August

**Where:** We will be sleeping outside in the school canteen

**Time:** 7pm (Friday 22nd) - 8am (Sat 23rd)

**Cost:** $5.00 (paid at the front office by Wednesday 20th August)

This includes: light dinner, supper, breakfast

**Supervision:** Staff of Seven Hills High School

**Activities on the night:** Dance party, games such as spotlight, movie

**Who:** Only students from Seven Hills HS can attend

**What to bring:** pillow, sleeping bag, blankets, torch

Cake stall, softdrink, popcorn, glow sticks on sale

**How you can help:**

1. Come along to our sleep out
2. Donate money at the front office or on our sleep out webpage


All money raised will be donated to The Youth Sleep out organisation to put to good use.

- $10 provides a homeless person with a hot meal
- $40 a bed for the night
- $100 provides warm clothing
- $280 one week of accommodation, family support and counselling.

Please see table below acceptable footwear for Seven Hills High School

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